Junior Triathlon - Route & Distances Tristar Start (Age 8) - 1 Lap to TP1 – 1.5km Tri Star 1 (Ages 9-10) – 1 Lap to TP2 - 3km. Tristar 2 (Ages 11-12) – 2 Laps to TP2 – 5km. Tristar 3 (Ages 13-14) - 2 Laps to TP 2 – 5km

